

**MINISTRY OF EDUCATION AND SCIENCE OF UKRAINE  
RIVNE STATE UNIVERSITY FOR THE HUMANITIES**

**EDUCATIONAL PROGRAM  
«PSYCHOLOGY»**

Second level of higher education  
field of knowledge 05 Social and Behavioural sciences  
speciality 053 Psychology  
qualification: Master's degree in Psychology. Lecturer in Psychology. Psychologist.

**APPROVED  
ACADEMIC COUNCIL of the RSUH**

Chairman of the Academic Council  
Prof. Postolovskyi R. M.  
Minutes No 2, dated February 23, 2023.

The Educational program  
is put into effect September, 1st, 2023

Rector Prof. Postolovskyi R. M.  
Order No 04-10-01, dated February 24, 2023

Rivne - 2023

## EDUCATION PROGRAM APPROVAL

### “PSYCHOLOGY”

LEVEL OF HIGHER EDUCATION	Second
DEGREE	Master's
FIELD OF KNOWLEDGE	05 Social and Behavioural sciences
SPECIALITY	053 Psychology
QUALIFICATION	Master's degree in Psychology. Lecturer in Psychology. Psychologist

#### Program developers:

##### Quarantor of the ESP:

Kaminska O.V., Doctor of Psychology, Professor

##### Members of the project group:

Pavelkiv V. R., Doctor of Psychology, Professor

Nazarevych V.V., Candidate of Psychological Sciences, Associate Professor

#### INTRODUCED

by Department of General Psychology and Psychodiagnostics

Minutes # 11 date November 22, 2022

Head of Department



Prof. Vorobiov A.M.

#### AGREED

By scientific and methodical commission of Faculty for Sciences and Psychology

Minutes # 7 date December 06, 2022

Head of scientific and methodical commission

Dean of Faculty for Sciences and Psychology

University Head of scientific and methodical commission

Prof. Siaska I. O.

Prof. Pavelkiv V. R.

Prof. Voitovych I.S.

RSHU, 2023

## Preface

The educational-professional program is a normative document that regulates regulatory, competence, qualification, organizational, educational and methodological requirements in the preparation of higher education applicants of the educational level "Master" in the field of knowledge 05 Social and Behavioral sciences specialty 053 Psychology.

The educational-professional program is based on a competency, student-centered and problem-oriented approach to the training of higher education applicants of the Master's degree program in the field of knowledge 05 Social and Behavioral sciences specialty 053 Psychology.

The program was developed on the basis of the Standard of Higher by the project group in Rivne state University for the Humanities:

Head of educational program:

**Kaminska Olha Volodymyrivna**, Doctor of Psychology, Professor of the Department of General Psychology and Psychological Assessment of Rivne State University for the Humanities.

Project group:

**Pavelkiv Vitaliy Romanovych**, Doctor of Psychology, Professor of the Department of General Psychology and Psychological Assessment of Rivne State University for the Humanities.

**Nazarevych Viktoriia Viacheslavivna**, PhD in Psychology; Associate Professor of the Department of Developmental and Pedagogical Psychology of Rivne State University for the Humanities.

Reviews:

**Zhuravliova Larysa Petrivna**, Doctor of Psychology, Professor, Head of the Department of Psychology in Poliskyi National University.

**Hoshovskyi Yaroslav Oleksandrovych**, Doctor of Psychology, Professor Head of the Department of Developmental and Pedagogical Psychology of Lesya Ukrainka Volyn National University.

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## 1. Profile of the educational program in specialty 053 “Psychology”

<b>1 – General information</b>	
<b>Full name of the highereducational institution and structural subdivision</b>	Rivne State University for the Humanities, Psychology and Natural Sciences Faculty, the Department of General Psychology and Psychological Assessment
<b>Higher education degree and title of qualification in the original language</b>	The Second level of Higher Education Master’s in Psychology Lecturer in Psychology. Psychologist.
<b>The official name of the educational program</b>	Psychology
<b>Type of diploma and scope of educational program</b>	Master's degree, unitary, 90 ECTS credits, term of study – 1 year 4 months
<b>Accreditation</b>	УД № 18006874 Valid until August 1, 2024
<b>Cycle/level</b>	National qualifications of Ukraine – Level 7, FQ-EHEA – second cycle, EQF-LLL – Level 7
<b>Prerequisites</b>	Bachelor’s degree, qualification level “Specialist”, Master’s degree in other specialty
<b>Language(s) of instruction</b>	Ukrainian
<b>Validity of the educational-professional program</b>	For the period of study
<b>Internet address of the permanent placement of the description of the educational program</b>	<a href="http://www.rshu.edu.ua">http://www.rshu.edu.ua</a>
<b>2 – Purpose of the educational program</b>	
Training of highly qualified, competitive specialists capable of solving complex problems in the process of training and professional activity in the field of Psychology, which involves conducting scientific and project research and/or implementing innovations and is characterized by the uncertainty of conditions and requirements, ready for the implementation of professional activity taking into account universal human values and norms of professional ethics of a psychologist, through a harmonious combination of fundamental and professional orientation of education, development of scientific research, integration into the European educational, scientific and economic community.	
<b>3 – Characteristics of the educational program</b>	

<p><b>Subject area (field of knowledge, specialty, specialization)</b></p>	<p><i>Field of knowledge</i> 05 Social and Behavioral sciences  <i>Speciality</i> 053 Psychology</p> <p><i>The object of study:</i> psychological phenomena, patterns of their occurrence, functioning and development; behavior, activity, actions; interaction of people in small and large social groups; psychophysiological processes and mechanisms underlying various forms of mental activity.</p> <p><i>Learning goals:</i> training of specialists capable of solving complex and practical tasks in the process of training and professional activity in the field of Psychology, which involves carrying out scientific and project research and/or innovation and characterized by the uncertainty of conditions and requirements, and implementation of professional activities taking into account universal human values and norms of professional ethics of a psychologist.</p> <p><i>Theoretical content of the subject area:</i> concepts of psyche, conscious and unconscious, behavior, activity, action, communication, personality, individuality; concepts and theories revealing the regularities of the emergence, development and functioning of the psyche; psychological features of an individual's life path, interaction of people in small and large social groups; intergroup interaction, etc.</p> <p><i>Methods, techniques and technologies:</i> methods of theoretical and empirical research, valid, standardized psychodiagnostic methods, methods of data analysis, technologies of psychological assistance (training, psychotherapeutic, educational, consulting, psychodiagnostic and others depending on specialization).</p> <p><i>Tools and equipment:</i> psychological devices, computer equipment, network systems for searching and processing information; library resources and technologies, including electronic ones; multimedia equipment; statistical processing and data visualization programs.</p>
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<b>Type of the educational program</b>	Educational and professional
<b>The main focus of the educational program and specialization</b>	General education in the field 05 Social and behavioral sciences, specialty 053 Psychology. <i>Keywords:</i> mental phenomena; consciousness, behavior; activity; behavior; communication; personality; individuality; interaction of people in small and large social groups; psychological assistance; scientific research in psychology.
<b>Features of the program</b>	The educational and professional program is developed according to experience of many years of training specialists in the specialty 053 Psychology and experience of domestic and foreign higher education institutions. Integration of professional training in the field of psychology and teaching of psychology in higher education with innovative, search and research activity.
<b>4 – Possibilities of graduates for employment and further study</b>	
<b>Possibilities for employment</b>	Master's degree in the specialty 053 Psychology can take the following positions (according to the National Classifier of Professions DK 003:2010): 212 Professionals in the field of Psychology 2310.2 A lecturer at a higher education institution 2320 A teacher at a professional educational institution 2445.2 A psychologist
<b>Further study</b>	The possibility of study at the program of the third (educational and scientific) level of higher education.
	Acquisition of additional qualifications in the system postgraduate education.
<b>5 – Teaching and assessment</b>	
<b>Teaching and learning</b>	Teaching on the basis of student-centered and problem-oriented training using organizational forms of training (collective, group, integrative); lecture, practical and laboratory classes; consultations; passing practices; colloquiums; qualification works; learning in cooperation, technologies of research and problem-based learning, project education and self-learning.

<b>Assessment</b>	<p><i>Types of control:</i> current, thematic, modular, final, self-control.</p> <p><i>Forms of control:</i> current (oral and written survey, test control, defense of laboratory, practical and individual works, defense of projects, presentation of scientific and creative work); final (examinations, tests, attestations, reports of practicals, attestation exam, defense of qualification work).</p> <p><i>Evaluation of educational achievements:</i> 4-point national scale ("excellent", "good", "satisfactory", "unsatisfactorily"); 2-level national scale (credited/not credited); 100-point system and ECTS scale (A, B, C, D, E, F, FX).</p>
<b>6 – Program competences.</b>	
<b>Integral competence</b>	The ability to solve complex tasks and problems in the field of Psychology during the implementation of professional activities or in the learning process, which involves conducting research and/or implementing innovations and is characterized by the uncertainty of conditions and requirements.
<b>General competences (GC)</b>	<p>GC1. Ability to use knowledge in practical situations.</p> <p>GC2. Ability to conduct a research at an appropriate level.</p> <p>GC3. Ability to generate new ideas (creativity).</p> <p>GC4. Ability to identify, pose and solve problems.</p> <p>GC5. Appreciation and respect for diversity and multiculturalism.</p> <p>GC6. Ability to act on the basis of ethical considerations (motives).</p> <p>GC7. Ability to act socially responsibly and consciously.</p> <p>GC8. Ability to develop and manage projects.</p> <p>GC9. Ability to motivate people and move towards a common goal.</p> <p>GC10. Ability to communicate in a foreign language</p>
<b>Special (professional) competences (SC)</b>	<p>SC1. The ability to carry out theoretical, methodological and empirical analysis of current problems of psychological science and/or practice.</p> <p>SC2. Ability to plan independently, organize and to carry out psychological research with elements of scientific novelty and/or practical significance.</p> <p>SC3. Ability to choose and apply valid and reliable methods of scientific research and/or evidence-based methods and techniques of practical activity.</p> <p>SC4. Ability to carry out practical activities (training, psychotherapeutic, consultation, psychodiagnostic) using scientifically verified methods and techniques.</p> <p>SC5. The ability to organize and implement educational activities for various categories of the population in the field of Psychology.</p> <p>SC6. Ability to interact effectively with colleagues in mono- and multidisciplinary teams.</p> <p>SC7. Ability to make professional decisions in</p>

	<p>difficult and unpredictable conditions, to adapt to new situations of professional activity.</p> <p>SC8. Ability to assess the limits of their own professional competence and improve their professional skills.</p> <p>SC9. Ability to adhere to professional ethics in professional activities and be guided by universal values.</p> <p>SC10. Ability to develop and implement innovative methods of psychological assistance to clients in difficult life situations.</p>
<b>7 – Program learning outcomes</b>	
<p>PLO 01. To search, process and analyze professionally important knowledge from various sources using modern information and communication technologies.</p> <p>PLO 02. Be able to organize and conduct psychological research using valid and reliable methods.</p> <p>PLO 03. Summarize empirical data and formulate theoretical conclusions.</p> <p>PLO 04. Make a psychological forecast for the development of individuals, groups, organizations.</p> <p>PLO 05. Develop programs of psychological interventions (training, psychotherapy, counseling, etc.), conduct them in individual and group work, evaluate the quality.</p> <p>PLO 06. Develop educational materials and educational programs, implement them, receive feedback, and evaluate their quality.</p> <p>PLO 07. Present research results in written and oral forms in an accessible and reasoned manner, participate in professional discussions.</p> <p>PLO 08. Assess the degree of complexity of the tasks of the activity and make decisions about seeking help or advanced training.</p> <p>PLO 09. Solve ethical dilemmas based on the law, ethical principles and universal values.</p> <p>PLO 10. Carry out an analytical search for scientific information relevant to the formulated problem and evaluate it according to the criteria of adequacy.</p> <p>PLO 11. To adapt and modify existing scientific approaches and methods to specific situations of professional activity.</p>	
<b>8 – Resource support for program implementation</b>	
<b>Staff</b>	<p>Caring out lectures on educational disciplines of scientific pedagogical workers of the relevant specialty, who have a scientific degree and/or academic title, and work at the main place of work, is more than 50% of the number of hours determined by the curriculum.</p>
<b>Material and equipment support</b>	<p>Material and technical support corresponds to state requirements for the provision of educational services in the field of higher education and is sufficient to ensure the quality of the educational process. Equipped computer class. The Resource Center, the laboratory of psychophysiology and clinical psychology, the laboratory of the ontogenesis of intelligence, the psychodiagnostic laboratory, the educational and methodological center, the laboratory of interactive and projective technologies, and the socio-psychological space are functioning.</p>



<b>Information and educational and methodological support</b>	Use of information and education environment of Rivne State University for the Humanities and author's developments of scientific and pedagogical works in specialized departments.
<b>9 – Academic mobility</b> (Regulations on the procedure for exercising the right to academic mobility of Rivne State University for the Humanities as of August 12, 2015)	
<b>National credit mobility</b>	Based on bilateral agreements between Rivne State University of the Humanities and higher educational and scientific institutions of Ukraine.
<b>International credit mobility</b>	Based on bilateral agreements between Rivne State University of the Humanities and foreign higher educational institutions.
<b>Training of foreign applicants for higher education</b>	possible.

## 2. List of the components of the educational program

### 2.1. List of the components of the educational-professional program “Psychology”

<b>Discipline code</b>	<b>Components of the educational program(academic disciplines, practices, qualification paper)</b>	<b>Number of credits</b>	<b>Form of final control</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<b>General training cycle</b>		
MC01	Pedagogy of higher education	3,0	Exam
MC02	Psychology of educational activity	3,0	Exam
MC03	Foreign language in professional activity	3,0	Exam
MC04	Methodology and methods of scientific research in the field of Psychology	3,0	Credit
MC05	Computer and information technologies (in the field)	3,0	Credit
MC06	Methods of teaching pedagogical and psychological disciplines in the institutions of higher education	5,0	Exam

MC07	Active methods in psychological practice	4,0	Credit
MC08	Crisis psychology	6,0	Exam
MC09	Methods of psychocorrection and psychotherapy	4,0	Exam
MC10	Organization Psychology	5,0	Exam
MC11	Theoretical and methodological problems in Psychology	3,0	Credit
MC12	Gender Psychology	3,0	Exam
MC13	Panorama of modern foreign and domestic psychology	3,0	Exam
MC14	Production (assistant) practice	6,0	Differential credit
MC15	Production (psychological) practice	6,0	Differential credit
MC16	Preparation of the qualification paper and certification of higher education applicants	6,0	Defense exam
<b>Total amount of mandatory components</b>		<b>66,0</b>	
<b>Selective components</b>			
SC 01	Civil safety	3,0	Credit
SC 02	Concept of sustainable development		
SC 03	Choice		
SC 04	Social Philosophy	3,0	Credit
SC 05	Psychology of Religion		
SC 06	Choice		
SC 07	Psychology of Health	3,0	Credit
SC 08	Play therapy		
SC 09	Choice		
SC 10	Psychology of creativity	3,0	Credit
SC 11	Basics of symbol drama		
SC 12	Choice		
SC 13	Psychology of stress	3,0	Credit
SC 14	Mental derivation		
SC 15	Choice		
SC 16	Conflictology	3,0	Credit
SC 17	Sexology		

SC 18	Choice		
SC 19	Art therapy	3,0	Credit
SC 20	Family counseling		
SC 21	Choice		
SC 22	Psychology of Internet addiction	3,0	Credit
SC 23	Psychosomatics		
SC 24	Choice		
<b>Total amount of selective components</b>		<b>24,0</b>	
<b>Total amount of the educational program</b>		<b>90,0</b>	
<b>Certification</b>			
<b>No.</b>	<b>The name of the academic discipline</b>	<b>Form of the certification</b>	
1	Pedagogy of high school Psychology of educational activity Methods of teaching psychological and pedagogical disciplines in the institutions of higher education	Certification exam	
2	Crisis psychology Methods of psychocorrection and psychotherapy. Organization psychology	Defense of the qualification paper	

## 2.2. Structural-logical scheme of the educational program “Psychology”

I year		II year
I semester	II semester	III semester
<b>Cycle of general training</b>		
Pedagogy of higher education	Psychology of educational activity	
Methodology and methods of scientific research in the field of Psychology	Foreign language in professional activity	
Computer and information technologies in education and science		
<b>Cycle of professional training</b>		
Methodology of teaching psychological and pedagogical disciplines in the institutions of higher education	Crisis Psychology	Gender Psychology
Active methods in psychological practice	Production (assistant) practice	Panorama of modern foreign and domestic psychology
Psychocorrection methods and psychotherapy		Production (psychological) practice
Organization Psychology		Qualification work
Theoretical and methodological problems of psychology		
<b>Selective components</b>		
	Health Psychology / Play therapy / Choice	Civil safety/ Concept of sustainable development/Choice
	Psychology of life creation \ Fundamentals of symbol drama/ Choice	Social philosophy/ Psychology of religion/ Choice
	Psychology of stress / Mental deprivation/ Choice	Art therapy / Family counseling / Choice
	Conflictology / Sexology / Choice	Psychology of Internet addiction / Psychosomatics / Choice

### 3. Forms of certification of applicants for higher education

The attestation of higher education applicants for the Master's degree in Psychology, specialty 053 Psychology is carried out in the form of defense (demonstration) of the qualification work and attestation exam in the specialty. The attestation is carried out in

public.

Qualification work involves the independent solution of a complex task or a complex problem in the field of psychology, which is accompanied by research and/or the use of innovative approaches and characterized by the uncertainty of conditions and requirements. There can be no academic plagiarism, fabrication or falsification in the qualification work. The qualification work must be posted on the website of the institution of higher education or its structural unit, or in the repository of the institution of higher education.

The attestation exam in the specialty is conducted at an open meeting of the examination commission with the participation of at least half of the commission members with the obligatory presence of the chairman of the commission in oral form and consists of testing theoretical knowledge and practical skills. The attestation exam provides the assessment of mandatory learning outcomes determined by this educational program.

The attestation ends with the issuance of a document of the prescribed format on awarding the graduate with a Master's degree with the qualification "Master of Psychology. Lecturer of psychology. Psychologist".

**4.1. Matrix of correspondence of program competences to the components of the educational program  
“Psychology”**

	MC 01	MC 02	MC 03	MC 04	MC 05	MC 06	MC 07	MC 08	MC 09	MC 10	SC 1	SC 2	SC 3	SC 4	SC 5	SC 6	SC 7	SC 8	SC 9	SC 10
GC01	+	+					+							+			+	+		
GC02	+	+					+							+			+	+		
GC03	+			+				+										+		
GC04	+									+										
GC05	+						+		+					+			+	+	+	
GC06	+		+		+						+			+				+		+
GC07	+				+		+					+		+		+	+		+	
GC08	+		+	+	+				+					+	+	+	+			+
GC09	+	+						+	+		+		+	+	+					
GC10	+			+							+	+								
GC11	+			+	+		+							+	+		+			
GC12	+		+				+										+		+	
GC13	+		+	+	+	+			+			+	+	+	+	+	+	+	+	
GC14	+			+				+							+	+		+		
GC15	+		+	+	+	+			+			+	+	+	+	+	+	+	+	+
GC16	+	+	+	+		+	+				+	+	+	+			+			+

**4.2. Matrix of correspondence of program competencies to selective components of the educational and professional program "Psychology"**

	<b>GC 01</b>	<b>GC 02</b>	<b>GC 03</b>	<b>GC 04</b>	<b>GC 05</b>	<b>GC 06</b>	<b>GC 07</b>	<b>GC 08</b>	<b>GC 09</b>	<b>GC1 0</b>	<b>GC 1</b>	<b>SC 2</b>	<b>SC 3</b>	<b>SC 4</b>	<b>SC 5</b>	<b>SC 6</b>	<b>SC 7</b>	<b>SC 8</b>	<b>SC 9</b>	<b>SC 10</b>
<b>SC01</b>	+			+												+	+			
<b>SC02</b>	+			+												+	+			
<b>SC03</b>																				
<b>SC04</b>					+		+				+							+		
<b>SC05</b>					+		+				+							+		
<b>SC06</b>																				
<b>SC07</b>	+						+		+					+	+					+
<b>SC08</b>	+		+	+										+	+		+			+
<b>SC09</b>																				
<b>SC10</b>	+		+					+	+					+	+			+	+	+
<b>SC11</b>	+	+	+											+					+	+
<b>SC12</b>																				
<b>SC13</b>	+			+			+		+				+	+			+		+	+
<b>SC14</b>	+			+	+		+							+	+		+		+	+
<b>SC15</b>																				
<b>SC16</b>	+		+				+							+	+		+		+	
<b>SC17</b>	+			+	+		+							+	+		+			





**5.1. Matrix of provision of program learning outcomes (PLO) with relevant educational components**

	<b>PLO 01</b>	<b>PLO 02</b>	<b>PLO 03</b>	<b>PLO 04</b>	<b>PLO 05</b>	<b>PLO 06</b>	<b>PLO 07</b>	<b>PLO 08</b>	<b>PLO 09</b>	<b>PLO 010</b>	<b>PLO 011</b>
<b>MC01</b>	+						+	+			
<b>MC02</b>	+						+	+			
<b>MC03</b>	+	+	+				+			+	
<b>MC04</b>	+							+			
<b>MC05</b>	+						+			+	
<b>MC06</b>	+						+	+		+	
<b>MC07</b>	+					+		+			+
<b>MC08</b>		+				+		+			+
<b>MC09</b>				+	+	+		+	+		+
<b>MC10</b>		+		+	+	+					
<b>MC11</b>	+	+								+	
<b>MC12</b>				+	+	+			+	+	
<b>MC13</b>	+									+	+
<b>MC14</b>	+	+	+	+	+	+	+	+	+		+
<b>MC15</b>	+	+	+	+	+	+	+	+	+		
<b>MC16</b>	+	+	+	+	+		+			+	+

**5.2. Matrix of provision of program learning outcomes (PLO) with relevant educational components**

	<b>PLO 01</b>	<b>PLO 02</b>	<b>PLO 03</b>	<b>PLO 04</b>	<b>PLO 05</b>	<b>PLO 06</b>	<b>PLO 07</b>	<b>PLO 08</b>	<b>PLO 09</b>	<b>PLO 010</b>	<b>PLO 011</b>
<b>SC01</b>						+		+		+	
<b>SC02</b>						+		+		+	
<b>SC03</b>											
<b>SC04</b>	+									+	
<b>SC05</b>	+									+	
<b>SC06</b>											
<b>SC07</b>					+	+		+			+
<b>SC08</b>						+		+	+	+	+
<b>SC09</b>											
<b>SC10</b>				+	+	+			+		+
<b>SC11</b>						+	+		+	+	+
<b>SC12</b>											
<b>SC13</b>		+		+	+	+					+



## 6. Internal assurance system of higher education quality

Rivne State University of the Humanities has a system of providing by the higher education institution the quality of educational activities and the quality of higher education (internal quality assurance system), which provides for the implementation of such procedures and measures:

- 1) defining the principles and procedures for ensuring the quality of higher education;
- 2) monitoring and periodic review of educational programs;
- 3) annual evaluation of applicants for higher education, research and teaching staff of the institution of higher education and regular publication of the results of such evaluations on the official website of the institution of higher education, on information stands and in any other ways;
- 4) providing advanced training of pedagogical, scientific and scientific-pedagogical workers;
- 5) ensuring the availability of the necessary resources for the organization of the educational process, including the independent work of higher education students in each educational program;
- 6) ensuring the availability of information systems for effective management of the educational process;
- 7) ensuring publicity of information about educational programs, higher education degrees and qualifications;
- 8) ensuring an effective system for the prevention and detection of academic plagiarism in the scientific works of employees of higher education institutions and applicants for higher education;
- 9) other procedures and measures.

The system of providing by the higher education institution the quality of educational activities and the quality of higher education (internal quality assurance system) may be evaluated according to the request of Rivne State University of the Humanities by the National Agency for Quality Assurance in Higher Education or independent institutions accredited by it for evaluation and quality assurance of higher education for its compliance with the requirements for the quality assurance system of higher education approved by the National Agency for Quality Assurance in Higher Education, and international standards and recommendations for quality assurance in higher education.

Guarantor of the educational program,  
head of the project group



Prof. O.V. Kaminska